

Alt Bridge Autumn / Winter Menu 2022/2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	BBQ Chicken & Rice	Cheese/Cheese & Ham Panini, Wedges & Beans	Chilli & Rice	Roast Chicken, Roast Potatoes, Stuffing, Cauliflower, Carrots & Gravy	Fish, Chips & Mushy Peas
Main 2	Tomato Basil Pasta	Leak & Potato bake	Cauliflower Cheese & Garlic Bread	N/A	Falafel Wrap, Chips & Salad
Sandwiches	Ham, Cheese, Tuna	Ham, Cheese, Tuna	Ham, Cheese Tuna	Ham, Cheese, Tuna	Ham, Cheese, Tuna
Jacket Potatoes	Beans, cheese, Tuna, Coleslaw	Beans, cheese, Tuna, Coleslaw	Beans, cheese, Tuna, Coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw
Dessert	Arctic Roll	Chocolate Mousse	Chef's Choice Sponge & Custard	Carrot Cake	Peaches & Cream
Allergens Contains					
Allergens May Contain					

Menu Dates:

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Butter Milk Chicken Burger, Criss Cross Chips & Beans	Chicken Tikka, Rice & Naan Bread	Pasta Bolognese & Garlic Bread	Gammon, Roast Potatoes, Broccoli, Carrots & Gravy	Fish, Chips & Mushy Peas
Main 2	Tuna & Sweetcorn Pasta and Salad	Macaroni Cheese & Garlic Bread	Vegetable Bake & Garlic Bread	N/A	Veggie Burger, Chips & Beans
Sandwiches	Ham, cheese, Tuna	Ham, cheese, Tuna	Ham, cheese, Tuna	Ham, cheese, Tuna	Ham, cheese, tuna
Jacket Potatoes	Beans, cheese, Tuna, Coleslaw	Beans, cheese, Tuna, Coleslaw	Beans, cheese, Tuna, Coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw
Dessert	Strawberry Mousse	Frozen Yoghurt	Apple & Blackcurrant Crumble with Custard	Chef's Choice Muffin	Jelly & Cream
Allergens Contains					
Allergens May Contain					

Menu Dates:

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Cheese & Chorizo Pizza, Waffles & Beans	Sausage, Mash, Sweetcorn & Peas	Chicken Wrap, Wedges & Coleslaw	Roast Beef, Yorkshire Pudding, Roast Potatoes, Sprouts, Carrots & Gravy	Fish, Chips & Mushy Peas
Main 2	Quorn Dippers, Waffles & Beans	Fish Stars, Smiles & Beans	Cheese Pie, Wedges & Beans	N/A	Spinach & Ricotta Ravioli with Tomato & Basil Sauce
Sandwiches	Cheese, Ham, Tuna	Cheese, Ham Tuna	Cheese, Ham, tuna	Cheese, ham, Tuna	Cheese, Ham, Tuna
Jacket Potatoes	Beans, cheese, Tuna, Coleslaw	Beans, cheese, Tuna, Coleslaw	Beans, cheese, Tuna, Coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw
Dessert	Fruit Lolly Ice	Apple Crumble & Custard	Fruit Flapjack	Frozen Yoghurt	Fruit Cheesecake
Allergens Contains					
Allergens May Contain					

Menu Dates:

Available Daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice